



HOME » TRAVEL » ACTIVITY AND ADVENTURE

Eight of the best retreats in Britain and Europe

Our selection of eight of the best retreats in Britain and Europe for solitude and spiritual direction.



Simon Horsford stayed at Quarr Abbey on the Isle of Wight Photo: Alamy

3:26PM GMT 07 Feb 2011

The Barn Rural Retreat Centre

Lower Sharpham Barton, Ashprington, Totnes, Devon (01803 732661; www.sharphamtrust.org/barn; from £190 per week). Non-denominational Buddhist centre that promotes wellbeing and sustainable living on community, guided or solitary retreats. Visitors are expected to be part of the community during their stay.

 Print this article

Activity and adventure
Travel » Europe »

