

The Sharpham Trust

Strategic Plan 2020 - 2025

OUR VISION

To create a more mindful, compassionate and environmentally sustainable world

OUR VALUES

An understanding of the interconnectedness of all life

A deep respect for the natural world

A belief in learning through experience

Creative engagement and enquiry

An acknowledgement of the value of stillness and awareness

ACTIVITIES

Mindfulness Programme:
Sharpham House
The Barn Retreat
Woodland
The Coachyard
Courses

Volunteering:
Horticulture
Conservation
Archive
Residential

Public Access:
Events
Schools
Weddings
Natural Burials
Access routes
Property Lettings

Conservation:
Organic Farming
Woodland
Growing

OUTPUTS

Themed Retreats
Teacher led Retreats
Mindfulness Courses

Weekly volunteering days
Volunteering placements

School visits
Open Days
Nature connection events
Heritage events
Interpretation
Ceremonies

Improved Habitats
Increased Biodiversity
Food Production

MEASURES

No of retreats
No of participants
Feedback

No of volunteers
No of hours

No of events
No of participants
Feedback

Wildlife Surveys
Food Produced

SHORT TERM OUTCOMES

Participants learn mindfulness and meditation techniques

Participants learn new skills

Participants develop a sense of connection to Sharpham's ethos and values

Sharpham's environmental impacts are minimised

Participants engage with the natural environment

The fabric of the estate is cared for and conserved

Participants learn about the built and natural environment

Wildlife on the estate is enhanced

Participants mental health is enhanced

Participants mental health is enhanced

Participants can access the estate in sustainable ways

Food is produced to consume on the estate

LONG TERM OUTCOMES

People feel connected to nature and take actions to care for it

People have an increased sense of wellbeing in their everyday lives

Sharpham's natural environment and wildlife is protected and enhanced

OUR IMPACT

To connect people with nature and foster mindfulness and wellbeing