



Sharpham Coach House Accessibility Statement

This document updated: *March 2022*

1. Introduction

The Sharpham Trust aims to ensure that all employees, guests and others who use Sharpham House are treated equally and according to their needs.

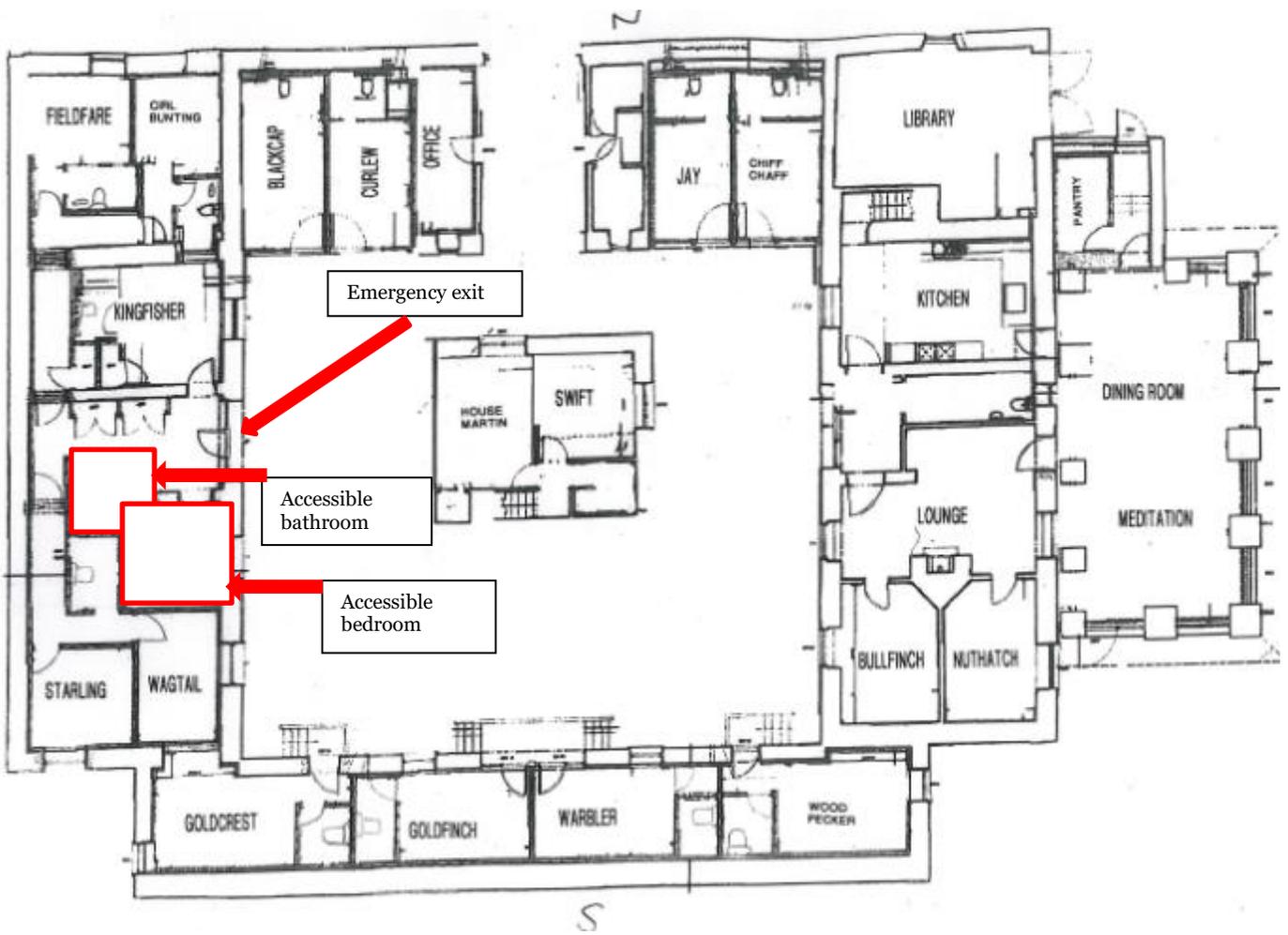
The Trust welcomes people with disabilities and has developed this Access Statement to offer the widest possible access and participation for those visiting or staying in Sharpham House and the Coach House Retreat.

The Coach House Retreat is a Grade II-listed building, recently converted from its original 18th century stable yard configuration into an 18-bedroom retreat centre with communal spaces focusing on nature-based mindfulness.

The Trust has endeavoured to make the building as accessible as possible given these constraints.

2. Wheelchair Users

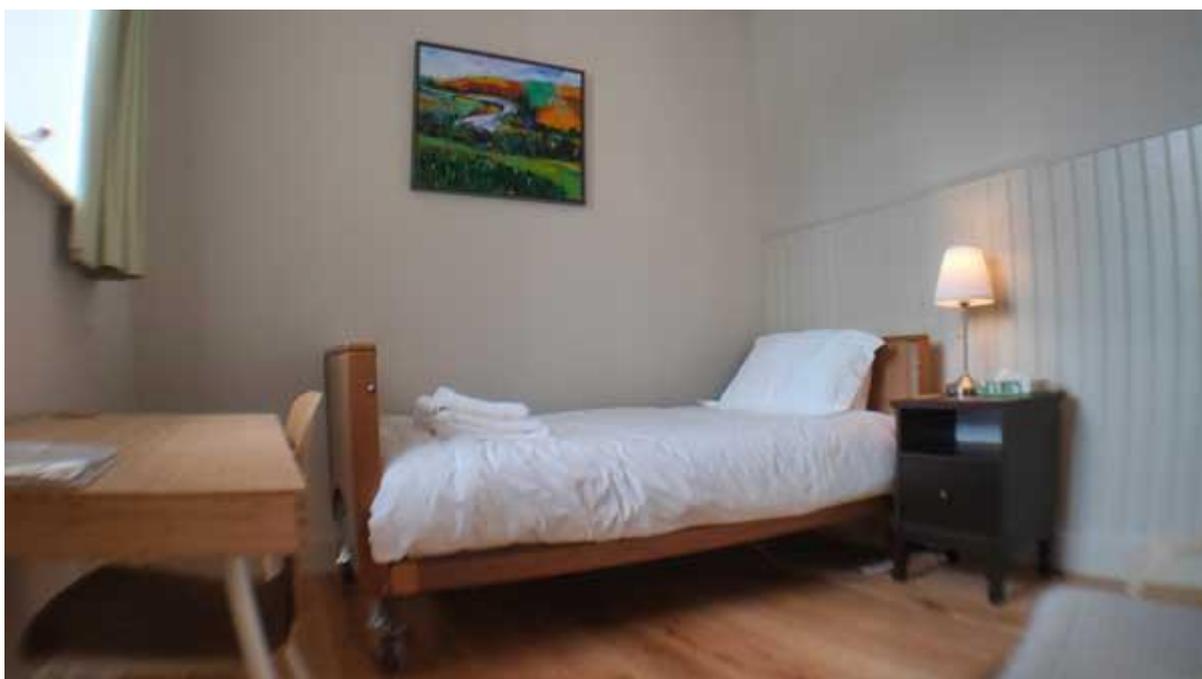
We have created an accessible bedroom with attached accessible bathroom, accessible from the main courtyard. The room is wheelchair accessible but prospective users **are advised to check** whether it meets their needs before booking.



Emergency exit

Accessible bathroom

Accessible bedroom



SPARROWHAWK BEDROOM

The bedroom features an accessible bed – an Alerta Lomond Standard Bed featuring:

- 10 function lockable handset for ease of operation.
- Trendelenburg one-way tilt function.
- Knee brake adjustment for comfortable lower limb positioning.
- Click stop lower leg raising elevation to allow legs to be raised with ease.
- Electrically adjustable backrest for comfortable positioning and ease with transfers.
- Four robust braking 5" castors for ease of movement for carers.
- Four-section mattress support with mattress grips for stability and security of positioning.
- Wooden side rails which are collapsible below mattress level to aid flexibility when transferring.
- Height adjustability between 40cm – 80cm (16" – 31"), enabling carers to provide support without bending and causing back injuries.

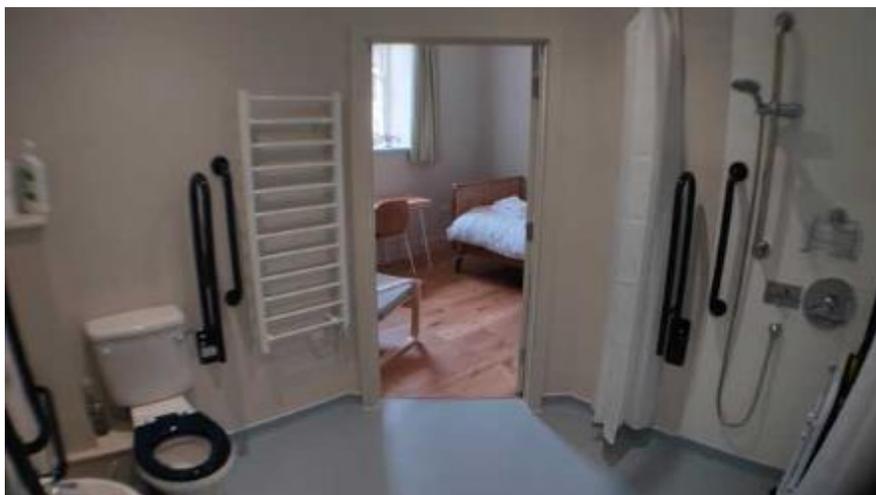


Link to website:

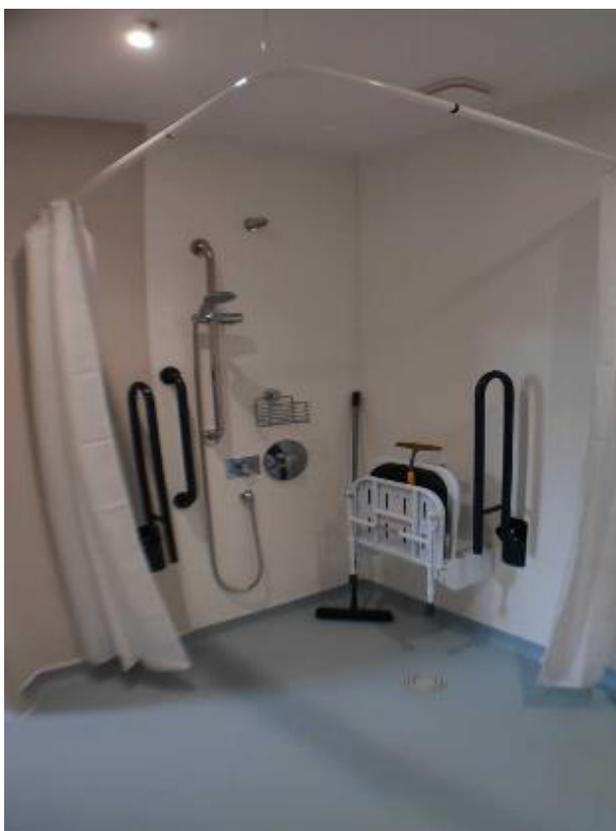
<https://www.alertamedical.com/en/products/101-alerta-lomond-standard-bed>



The bathroom features a wheelchair accessible shower and hand basin.



**Guests who
need to book the
accessible
bedroom and
bathroom can
book this online
at
[www.sharpham
trust.org](http://www.sharphamtrust.org)**



SPARROWHAWK BATHROOM

3. Hearing Impairment

The Trust owns a Conversor Pro assistive listening device which visitors are welcome to use on request. To reserve, contact the Coach House Manager on coachhousemanager@sharphamtrust.org

www.conversorproducts.com



4. Assistance Dogs

A 'Recognised Assistance Dog' is one which has been specifically trained to assist a disabled person and has been qualified by one of the charitable organisations registered as members of Assistance Dogs UK (Canine Partners, Dog A.I.D, Dogs for the Disabled, Hearing Dogs for Deaf People, Support Dogs, Guide Dogs, and Medical Detection Dogs).

The following are allowed in the Coach House retreat:

- Assistance dogs used for fetching and carrying people with manipulative and ambulatory impairments
- Support dogs for stress and anxiety
- Guide dogs for visually impaired and blind people
- Hearing dogs used by low hearing and deaf people.

Other than the above, **no pets are allowed** in the Coach House and Sharpham grounds.

5. Pre-arrival & how to find us

- For assistance prior to arrival contact the Coach House Manager on coachhousemanager@sharphamtrust.org
- Our address is:
Coach House Retreat, Sharpham Estate, Ashprington, Totnes, South Devon, TQ9 7UT
www.sharphamtrust.org/about-us/how-to-find-us
- There is no regular bus service but taxis are available from Totnes:
 - Andsome Cabs: 01803 840009 & 01803 864486
 - Happy Cabby Taxis: 01803 559292
 - Totnes Taxi: 01803 868686
- Totnes has a mainline train station and is well serviced by buses

6. Arrival & parking facilities

- For those staying at the Coach House retreat, there are limited car parking spaces located opposite the entrance to the Coach House. On arrival, taxis or cars may drive around to the entrance of the Coach House to drop luggage and allow visitors to enter through the archway into the Coach House courtyard, which is wheelchair accessible. We have 2 parking spaces for those who are blue badge holders.

7. Main entrance & reception



MAIN COACH HOUSE ENTRANCE

- On arrival, retreatants are asked to enter through the archway of the Coach House and make your way to the front door (which will be signposted) where you will be met by a retreat facilitator and shown to your room.
- The main gateway of the arch has uneven cobbles.
- The main front door has level access from the courtyard.
- The Coach House Retreat courtyard consists of cobbles and compacted gravel which can be uneven.
- There is an accessible toilet in the archway of the Coach House retreat, with level access



COURTYARD OF COACH HOUSE



ENTRANCE TO DINING SPACE AND COMMUNAL AREAS

8. Stairs & lift

- There is no lift in the Coach House retreat.
- There is one flight of stairs to 2 bedrooms above the library, however these will not be used as accessible bedrooms.
- There are 5 steps going down from the kitchen corridor to the library, however during nice weather, the library can be accessed externally with one step over the door ledge.
- There is an alternative communal space with no steps/stairs (the lounge/tea room) for the retreatants in the main part of the Coach House retreat.



LOUNGE & TEA ROOM



LIBRARY

9. Dining Room

- The Dining area is in the multipurpose extension that includes space for meditation and meetings and is fully accessible from the lounge.
- The floor of the dining area/meditation room is made of smooth oak flooring
- There is a sun patio accessible from the Dining Room with a small ledge between the bi-fold doors and the patio





10. Bathrooms & Toilets

- The Coach House contains 12 en-suite bathrooms (including the accessible bathroom) and 3 separate bathrooms and one accessible toilet.
- There is 1 toilet in the main entrance room to the Coach House which is accessible and one toilet under the archway which is accessible.

11. Bedrooms

There are 18 bedrooms in the Coach House, all of a similar size.

12. Meditation Room



- The South Wing Hall is accessible from the car park over uneven cobbles.
- Vehicles may drive up to the South Wing Hall by prior arrangement with the House Manager on housemanager@sharphamtrust.org
- There are no steps.
- There is an accessible toilet.
- The floor is stone flagstones with carpet on top.
- There is no direct access from the South Wing into the main Sharpham House, apart from via steps.

13. Gardens

- The Coach House has an internal cobbled/compacted gravel courtyard.
- From the Meditation/dining room, there is access outside to a paved seating area and grass area and access to the main lawns via 3 paved steps. (An alternate access route to the main gardens is via the Walled Garden.
- The Coach House is surrounded by the lawns of the main House gardens which slope away to a Ha-Ha wall (with a sharp vertical face) in front.
- There is a walled kitchen garden behind the Coach House which is accessible via a ramp but the paths in the garden are laid to grass and can be muddy at times.
- Beside the walled garden there are 2 lawn terraces approached via steps
- The woodland garden has various grass paths. Some of the terrain is steep with uneven ground.



View up the terraced garden

